

ABSTRACT

The frequency hopping pattern of a first wireless communication device is modified such that each transmission (73) to a second wireless communication device is on a frequency (MS_{j+1}) that the second device's normal frequency hopping pattern specifies for one of the second device's next several transmissions to the first device. This permits the second device to make quality measurements (54) on a frequency that the second device will soon use (51) for transmission to the first device.

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